

## ALBERTON, PE

♿ **Tuesday 7:00PM, 1 hr, Ties That Bind**  
 Sacred Heart Catholic Parish  
 Church, 341 Main St, \*except first Tuesday of the month  
**O,SD,WC**

## CHARLOTTETOWN, PE

**Monday 8:00PM, 1 hr, Steps To Freedom**  
 Kirk of St. James Church, 35 Fitzroy Street, Pownal Street Entrance - Side Door  
**O,SD,St,To**

♿ **Tuesday 7:00PM, 1 hr, True Colours Recovery**  
 Canadian Mental Health Building, 203 Fitzroy Street  
**C,D,WC,LGBTQ+**

**Wednesday 8:00PM, 1 hr, Steps To Freedom**  
 Kirk of St. James Church, 35 Fitzroy Street, Pownal Street Entrance - Side Door  
**C,D,JT,To**

♿ **Thursday 7:00PM, 1.5 hr, Progress Not Perfection**  
 , 203 Fitzroy Street  
**BT,IW,WC**

**Friday 8:00PM, 1 hr, Steps To Freedom**  
 Kirk of St. James Church, 35 Fitzroy Street, Pownal Street Entrance - Side Door  
**C,D,To**

♿ **Saturday 7:00PM, 1 hr, Recovery How and Why**  
 Canadian Mental Health Building, 178 Fitzroy Street  
**O,St,Tr,WC**

## MONTAGUE, PE

**Thursday 8:00PM, 1 hr, In the Solution Group**  
 Hillcrest United Church, 50 Wood Islands Hill, Back Door  
**O,BT,D,JT**

## SUMMERSIDE, PE

♿ **Sunday 7:00PM, 1 hr, Clean & Straight Group**  
 St. Paul's Church, 289 Winter Street, Corner of Central St. - Back Door  
**O,BT,D,To,WC**

♿ **Thursday 7:00PM, 1 hr, Clean & Straight Group**  
 St. Paul's Church, 289 Winter Street, Corner of Central St. - Back Door  
**C,BT,D,WC**

### Meeting Format Legend

BT	Basic Text	C	Closed
D	Discussion	IW	It Works -How and Why
JT	Just for Today	O	Open
St	Step	To	Topic
Tr	Tradition	WC	Wheelchair
LGBTQ+ LGBTQ+		SD	Speaker/Discussion



## NARCOTICS ANONYMOUS

### PRINCE EDWARD ISLAND AREA

Last Updated: June 2026

### Recovery Meeting Information

**1 800 205 8402**

<https://peina.ca>

### SUGGESTIONS FOR EVERYONE

DON'T USE no matter what  
 Ask your Higher Power to keep you clean  
 Come early and stay late  
 Get a home group  
 Go to 90 meetings in 90 days  
 Read NA literature daily  
 Get and use a sponsor  
 Use the PHONE

**KEEP COMING BACK. IT WORKS**