ALBERTON, PE

Tuesday 7:00PM, 1 hr, Ties That Bind
Sacred Heart Catholic Parish Church, 341 Main St, *except first Tuesday of the month
O,SD,WC

CHARLOTTETOWN, PE

Monday 8:00PM, 1 hr, Steps To Freedom
Kirk of St. James Church, 35 Fitzroy Street, Pownal Street Entrance - Side Door
O,SD,St,To

Tuesday 7:00PM, 1 hr, True Colours Recovery
Canadian Mental Health Building, 203 Fitzroy Street
C,D,WC,LGBTQ+

Tuesday 7:00PM, 1 hr, Vision of Hope Group
Level 3 Classroom AB. Use front door take elevator at end of Hall, 60 Riverside Drive
O,D

Wednesday 8:00PM, 1 hr, Steps To Freedom
Kirk of St. James Church, 35 Fitzroy Street, Pownal Street Entrance - Side Door
C,D,JT,To

Thursday 7:00PM, 1.5 hr, Progress Not Perfection
, 203 Fitzroy Street
BT,IW,WC

Friday 8:00PM, 1 hr, Steps To Freedom
Kirk of St. James Church, 35 Fitzroy Street, Pownal Street Entrance - Side Door
C,D,To

CHARLOTTETOWN, PE

Saturday 7:00PM, 1 hr, Recovery How and Why
Canadian Mental Health Building, 178 Fitzroy Street
O,St,Tr,WC

MONTAGUE, PE

Thursday 8:00PM, 1 hr, In the Solution Group
Hillcrest United Church, 50 Wood Islands Hill, Back Door
O,BT,D,JT

SUMMERSIDE, PE

Sunday 7:00PM, 1 hr, Clean & Straight Group
St. Paul's Church, 289 Winter Street, Corner of Central St. - Back Door
O,BT,D,To,WC

Thursday 7:00PM, 1 hr, Clean & Straight Group
St. Paul's Church, 289 Winter Street, Corner of Central St. - Back Door
C,BT,D,WC

Meeting Format Legend

BT	Basic Text	C	Closed
D	Discussion	IW	It Works -How and Why
JT	Just for Today	O	Open
St	Step	To	Topic
Tr	Tradition	WC	Wheelchair
LGBTQ+	LGBTQ+	SD	Speaker/Discussion

NARCOTICS ANONYMOUS

PRINCE EDWARD ISLAND AREA

Last Updated: October 2026

Recovery Meeting Information

1 800 205 8402

https://peina.ca

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS